

# The 7 Feminine Archetypes

In every woman, there are 7 Feminine Archetypes that can bring more power, pleasure and peace in our lives. Often we disconnect to some of them and reclaiming them is essential to expand in our lives and attract our true desires. As you uncover those Archetypes you will learn how they can serve you, you will reclaim parts of you you've been missing. Putting pieces of the puzzle together and experiencing wholeness, joy and serenity. Some of them will surprise you, some challenge you and some inspire you. In any case, it will be a beautiful awakening and celebration.





#### **FULL FEMININE POWER**

#### Unveil all the layers of your feminine wisdom

The Divine Mother:

Create, nurture, nourish, care, growth, birthing new projects, new ideas, new version of you, children

The Little Girl:

Innocent, dreamy, imagination, playfulness, lightness, presence, sense of wonder and discovery (includes also the wounded inner child)

The Tigress:

Wild woman, boundaries, respect, honor, defend, anger, standing up for yourself, speaking your truth, primal wisdom, instinctual nature, preserving emotional, physical, mental and spiritual integrity

The Ecstatic Lover:

Magnetism, attraction, intimacy, play, confidence, invitation, beauty, sensuality, desire, abundance, creativity

The Luminous Queen:

Self-worth, deserving, receiving, taking space, pride, being worshipped/adored, confidence, abundance, to serve

The Soulful Siren:

Heart open, intimacy, connection, acceptance, vulnerability, compassion, emotional flow, self-love

The Sacred Rebel:

The Sacred Rebel: innovate, visionary, game changer, change maker, bring, new perspectives, unique expression,

provocateur, push boundaries, sexual energy



## Deepen Your Natural Feminine Gifts

Which 2/3 Archetypes are you most comfortable with? How can you deepen your connection with them to expand your magic?



### Heal Your Feminine Wounds and Limiting Beliefs

Identify which 2/3 Archetypes you don't connect with. Maybe you feel disconnected to them or maybe you just don't like them. Those Archetypes will give you keys in coming into you full power. Here are some questions to help you. Why aren't you connecting with them? Which beliefs do you have about them? Which one of their qualities could bring more balance and expansion in your life?



### About Silfath

As a Transformational Coach and Sacred Wisdom Keeper, Silfath Pinto has spent the last 10 years traveling the world and supporting individuals in stepping into their brilliance and becoming happiness alchemists, mastering their own energy and creating consciously their lives. She creates transformational experiences through her LuminEssence process, a unique fusion of Energy and Spiritual Healing, Somatic Therapy and Cellular Reprogramming, which fosters deep shifts at a cellular level, clearing wounds, patterns and beliefs that are preventing us from living to the fullest of our potential. Her clients have experience beautiful paradigm shifts: from changing jobs to starting a new career, from letting go of past hurt to moving to a new city, from meeting their soulmate to improving relationships, from losing weight to flourishing in radical self-love. They call Silfath an energy shifter, a soul whisperer, an adorable giggler and magic maker.

Silfath graduated from one of the top 5 business schools in France and worked in finance 6 years. When she moved to New York she enrolled in a Feminine Awakening movement class and that was the beginning of her tapping into her gifts and remembering the magic of being a woman. Since then, she has transformed her life moving from banking to personal styling to women wellness and spiritual healing. In her passionate quest to empower men and women to create uplifting and lasting changes, Silfath is constantly researching and growing in the fields of Energy Alchemy, Quantum Physics and Bio Energetics. She has trained in various transformative modalities including Yin Yoga, Movement Therapy, Tibetan Bowl Sound Healing, Theta Healing® and Reiki.



"Thank you for exploring the 7 Feminine Archetypes and expanding your luminous feminine light.

Please check my website for future live events and online offerings."